

DANCING *with* LOUISE

presents...

Ballet

Mondays

5:00 - 5:45 pm

Classical Ballet - Grade One

5:45 - 6.30 pm

Classical Ballet - Junior

6:30 - 7:15 pm

Classical Ballet - Intermediate

Starts Monday 12th April

Dance Aerobics

Upbeat dance class where dance technique & set choreography are taught to a fantastic selection of Jewish and classical music.

Mondays

5:15 - 6:00pm

Dance Aerobics - 6 - 8 yrs

5:15 - 6:00pm

Dance Aerobics - Teens

6:00 - 6:45pm

Dance Aerobics - 9 - 11 yrs

Starts Monday 12th April

The "Professionals"

A challenging & technical dance class, perfect for those who wish to take their dancing to the next level. Classical Ballet & Jazz training with fitness & limbering. The best dance workout you'll ever have!

Thursdays

6:15 - 7:15 pm

Young Professionals - 8 - 11 years

7:15 - 8:45 pm

Senior Professionals Advanced -
Teens and Adults

Starts Thursday 15th April

For more information or to book any of the classes on the page, call Louise Leach on 020 8203 5242 or email info@dancingwithlouise.co.uk
Women and girls only

