

Wednesday - Kidsfit with Donna

Babyfit: 10.00am - 10.45 3 mths to crawlers & mummy

Crawlerfit: 10.45am - 11.30 crawlers & mummy

Toddlerfit: 11.30am - 12.25 walkers to 18 mths & mummy

Two courses at **£13** for each course:

5 weeks starting 14th April (finishes 12th May)

5 weeks starting 26th May (finishes 23rd June)

Book now as spaces are limited and booking fast!

Provides physical stimulation for babies from 3 to 18 months old. Enhances bonding and closeness between parent and baby.

Please ensure you bring your baby's drink with you.



If your pre-schooler is older than 18 months and you would like a kidsfit class for them, please contact the Centre